|  |  |  |
| --- | --- | --- |
| **Priority** | **How** | **Why** |
| **Daily Habits**  | *
*
 | Stay organized and moving forward regardless of the situation. |
| **Mental Wellness** | *
*
 | Be well enough to survive & serve others. |
| **Physical Wellness** | *
*
 | Be well enough to survive & serve others. |
| **Stay Connected** | *
*
*
 | Maintain mental connection despite physical isolation. |
| **Personal Financial Future** | *
*
 | Financial security = clarity & sanity.  |
|  | *
*
 |  |
|  | *
*
*
 |  |

**Priority:** what major areas of focus must be managed to maximize my personal welfare?

**How:** what activities or actions must be completed daily to support each priority?

**Why:** why does each priority and set of activities important to me and the people around?